## Claims

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- 1. A process for the production of a sterol fatty acid ester-rich composition comprising the steps of:
- (a) combining
- 5 a sterol composition, comprising one or more sterols,
  - a fatty acid glyceride composition, comprising fatty acid esters of one or more fatty acids, and
  - an esterification catalyst to form a reaction mixture,
- (b) performing esterification of sterol(s) in said reaction mixture to produce a sterolfatty acid ester containing mixture,
  - (c) adding a hydrolysation catalyst and an alkylating component to hydrolyse mono-, di- and/or triglycerides present therein and to produce corresponding fatty acid alkyl ester(s) and glycerol, and
- (d) purifying the sterol fatty acid ester containing mixture to form a sterol fatty acidester-rich composition.
  - 2. The process according to claim 1, wherein to the reaction mixture or to its components in step (a) is added at least one fatty acid alkyl ester.
  - 3. The process according to claim 1 or 2, wherein step (d) includes step (d1) comprising purifying said sterol fatty acid ester containing mixture by removing glycerol from said mixture.
    - 4. The process according to claim 3, wherein in step (d1) the esterification catalyst and/or the hydrolysation catalyst is removed together with glycerol from the sterol fatty acid ester containing mixture.
- 5. The process according to any one of claims 1 to 4, wherein step (d) includes step (d2) comprising purifying said sterol fatty acid ester containing mixture by separating fatty acid alkyl ester from said mixture.
  - 6. The process according to claim 5, comprising a further step of feeding fatty acid alkyl ester separated in step (d2) into the sterol composition, the fatty acid glyceride composition, the esterification catalyst and/or into the reaction mixture formed in step (a).

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- 7. The process according to any one of claims 1 to 6, wherein the hydrolysation catalyst and the alkylating component are added in step (c) as a pre-prepared hydrolysing and alkylating composition.
- 8. The process according to any one of claims 1 to 7, wherein the hydrolysation catalyst is KOH and the alkylating component is methanol, preferably being added as a pre-prepared methanolic KOH composition.
  - 9. The process according to any one of claims 1 to 8, wherein in step (a) the esterification catalyst is chosen from the group comprising metal alkoxides, such as  $NaOCH_3$  and  $NaOC_2H_5$ , metal oxides, alkali hydroxides, metal soaps, metal alloys, metal hydrides, metal amides and their mixtures.
  - 10. The process according to any one of claims 1 to 9, wherein the reaction mixture in step (c) comprises 0.01-10 % by weight, preferably 0.05-2 % by weight of the hydrolysation catalyst.
- The process according to any one of claims 1 to 10, wherein the reaction
   mixture in step (c) comprises 0.01-75 % by weight, preferably 0.1-30 % by weight, most preferably 0.5-30 % by weight, of the alkylating component.
  - 12. The process according to any one of claims 1 to 11, wherein the hydrolysing and alkylating composition or its separate components comprise at least 50 % methanol and at most 50 % KOH, preferably 65-99.5 %, more preferably 80-99 %, most preferably 85-95 % by weight of methanol and preferably 0.5-35 %, more preferably 1-20 %, most preferably 5-15 % by weight of KOH.
  - 13. The process according to any one of claims 1 to 12, wherein step (d) includes the sterol fatty acid ester containing mixture being purified by bleaching, filtration and/or deodorisation.
- 25 14. The process according to any one of claims 1 to 13, wherein in step (a) the reaction mixture is formed by including in mol ratio 1 mol of one or more sterols, 0.3-0.7 mol of one or more fatty acid glycerides and 0.9-2.1 mol of one or more fatty acid methyl esters recycled from step (d2).
- 15. The process according to any one of claims 1 to 14, wherein the hydrolysation catalyst and the alkylating component are added to the sterol fatty acid ester containing mixture in step (c) when the esterification reactions are complete or mainly complete.

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- 16. The process according to any one of claims 1 to 15, wherein the sterol fatty acid ester-rich composition produced comprises at least 90 %, preferably at least 94 %, more preferably at least 97 % by weight sterol fatty acid ester(s).
- 17. The use of a sterol fatty acid ester-rich composition produced by the process
  of any of claims 1 to 16 as a dietary, pharmaceutical and/or cosmetic product or in the preparation thereof.
  - 18. A sterol fatty acid ester-rich composition produced by the process of any of claims 1 to 16.
- 19. A method for recovering food-grade sterol fatty acid ester(s) from a fat
   mixture containing fatty acid glycerides and sterol fatty acid ester(s), comprising the steps of:
  - (i) adding to said fat mixture a hydrolysation catalyst and an alkylating component to hydrolyse the glycerides and to produce corresponding fatty acid alkyl ester(s), without significant hydrolysation of the sterol fatty acid ester(s),
- 15 (ii) removing excess alkylating component, the hydrolysation catalyst and glycerol,
  - (iii) purifying the obtained product by washing with water and/or by an adsorbent treatment or by washing or with an acid aqueous solution and/or by an adsorbent treatment, and
- (iv) purifying the obtained product by deodorisation to remove the fatty acid alkyl ester(s) and impurities and to produce pure sterol fatty acid ester(s).
  - 20. The method according to claim 19, wherein the hydrolysation catalyst is chosen from the group of bases comprising alkali hydroxides, such as KOH and/or NaOH, and alkali oxides.
- 21. The method according to claim 19 or 20, wherein the alkylating component is chosen from the group of lower alcohols comprising C1-4 alkanols, preferably methanol and/or ethanol.
  - 22. The method according to any one of claims 19 to 21, wherein the fat mixture, before adding the hydrolysation catalyst and the alkylating component, contains 1-99 %, preferably 30-97 %, and more preferably 70-95 % by weight glycerides and 1-99 %, preferably 3-70 %, and more preferably 5-30 % by weight sterol fatty acid ester(s).

- 23. The method according to any one of claims 19 to 22, comprising adding to the fat mixture 0.01-10 %, preferably 0.05-2 %, by weight of the hydrolysation catalyst.
- 24. The method according to any one of claims 19 to 23, comprising adding to the fat mixture 0.01-75 %, preferably 0.1-30 %, more preferably 0.5-30 %, by weight of the alkylating component.
  - 25. The method according to any of claims 19 to 24, comprising adding the hydrolysation catalyst and the alkylating component as a pre-prepared hydrolysing and alkylating composition.
- 10 26. The method according to any one of claims 19 to 25, wherein the hydrolysing and alkylating composition or its components include at least 50 % by weight methanol and at most 50 % by weight KOH, preferably 65-99.5 %, more preferably 80-99 %, most preferably 85-95 % by weight of methanol and preferably 0.5-35 %, more preferably 1-20 %, most preferably 5-15 % by weight of KOH.
  - 27. The method according to any one of claims 19 to 26, wherein step (i) is carried out at a temperature between 60-100 °C, preferably between 60-80 °C, at a pressure of at most 100 kPa, preferably at most 7 kPa, and for a period of from 1 minute to 6 hours, preferably from 30 minutes to 2 hours.
- 28. The method according to any one of claims 19 to 27, wherein step (iv) is carried out at a temperature of between 160-230 °C, preferably 190-210 °C, and at a pressure of 1-1000 Pa, preferably 50-500 Pa.
  - 29. Sterol fatty acid ester(s) produced by the method of any of claims 19 to 28.